



# enrich+

*a life like any other*  
he oranga pērā tonu ki ētahi

# Supported *activities*

At Enrich+ people with intellectual, physical or sensory disabilities are supported to develop their talents, connections and the everyday skills needed to live ***a life like any other.***

## HOW IT WORKS

We work alongside you to build natural supports in the community through volunteering, leisure activities and socialising – whatever takes your fancy!

Increase your self-esteem and confidence in a one-to-one setting, a group situation or a mix of both. You'll enjoy access to a range of activities that suit your strengths. We're here for you whether you need just a little bit of extra assistance or have high and complex needs. With our flexible, tailored supports, you will have choices and be in control – ***you choose, we deliver.***



## LOCATIONS

Our Supported Activities service is currently available in

**Te Awamutu,  
Hamilton and Taumarunui.**



## HOW TO ACCESS THIS SERVICE

For more information and to access our services, visit the **SUPPORTED ACTIVITIES** page on our **WEBSITE** [www.enrichplus.org.nz/supported-activities](http://www.enrichplus.org.nz/supported-activities)

or contact us by **EMAIL** [info@enrichplus.org.nz](mailto:info@enrichplus.org.nz)

or

**PHONE** us to discuss your next steps: **PH: 0800 367 424**



## THE ARTHOUSE

The Art house is based in Te Awamutu and is a place to come together to develop your artistic skills and techniques as well as mixing with like-minded people. Many of our artists have been successful in achieving finalist spots in annual IHC Art Awards.

## Other services we offer at Enrich+

At **Enrich+** we take a holistic approach to encourage social interaction, life skills, community activities and employment, and further support to foster overall wellbeing. Our expert, innovative and passionate team can assist you in many key life areas, such as: **Supported Living, Supported Activities, Supported Employment, Transitioning from School, School Holiday Programmes, Psychological Support** along with **Autism Groups, Assessment & Education.** Visit our website for more information.

Contact us for more information:  0800 367 424

 [info@enrichplus.org.nz](mailto:info@enrichplus.org.nz)



[enrichplus.org.nz](http://enrichplus.org.nz)